



# DIABETES FOUNDATION INDIA (DFI)

## ANNOUNCEMENT

### NUTRITION EDUCATION PROGRAMME (NEP) 2023

Short term refresher courses in distant learning mode, for dieticians having a postgraduate degree / diploma in Food, Nutrition and Dietetics.

**COURSE COMMENCES ON APRIL 15, 2023**

**LAST DATE FOR FILLING OF FORM: 1<sup>ST</sup> APRIL, 2023**

**Pan India launch, with the expertise of the following senior experienced Nutritionists/clinicians:**



**Ms. Rekha Sharma: Former Chief Dietician, AIIMS, Former President India Dietetic Association & Diabetes Foundation India.**



**Dr. Veenu Seth: Nutrition Consultant, Visiting faculty and former Associate Professor, Lady Irwin College, New Delhi.**



**Dr. Santosh Jain Passi: Nutrition Consultant and Former Director, Institute of Home Economics, University of Delhi.**



**Ms. Shilpa Joshi: Mumbai Diet and Health Centre; National Vice President: Indian Dietetic Association (2018-2021).**



**Dr. Anoop Misra: Chairman Fortis CDOC Hospital, New Delhi, Chairman NDOC Foundation & President Diabetes Foundation India.**



**Ms. Ritika Samaddar: Chief Clinical Nutritionist Regional Head, Max Health care, Delhi.**

#### PROGRAM FEATURES:

Five modules being launched initially are:

- Assessment of Nutritional Status – Dr. Veenu Seth
- Medical Nutrition Therapy in Diabetes mellitus– Ms. Rekha Sharma
- Obesity and its Management -Ms. Ritika Samaddar/ Dr. Anoop Misra
- Immune Enhancing & Health Promoting Dietary Constituents – Dr. Santosh Jain Passi
- Latest nutrition trends: Keto diets, Intermittent Fasting, Micro biome diet etc.: Ms. Shilpa Joshi

#### OBJECTIVES OF THE PROGRAM:

- Refresh and update knowledge in the chosen field of Clinical Nutrition.
- Enhance in depth understanding of the significance of Medical Nutrition Therapy in the area of the relevant module.
- Improve the skill to assess patient's nutritional needs and plan accurate need-based diets.
- To have an interactive contact program with experts in the chosen area

**AFTER 6-10 WEEK OF STUDY PERIOD, A-2 DAY VIRTUAL CONTACT PROGRAM WILL BE HELD**

**CERTIFICATES WILL BE ISSUED TO THE SUCCESSFUL CANDIDATES**

Forms available our website: <https://diabetesfoundationindia.in/application-form/>

contact us at: [dfi3b11@gmail.com](mailto:dfi3b11@gmail.com) Phone: +91-9810815162